

# MEMBER SPOTLIGHT

## Meet Sandra Reulet



Pictured at Albany-Saratoga Speedway in Malta.

Each month we are spotlighting one of our members, so we can all get to know each other a little better. This month, the Spotlight is on Sandra Reulet.

Sandra first learned about Soroptimist because her husband, Dave, is a history buff. Dave purchased tickets for Cabin Fever 2014 so the family could see the Abraham Lincoln impersonator (they also brought their son, Ayrton, who was 12 at the time). As luck would have it, they were seated with Joan Taub (whose friend was the keynote speaker), and thanks to Joan's engaging personality and artful method of persuasion, Sandra became a member shortly thereafter. She has served on the Cabin Fever Committee and has tri-chaired it. She is now on the Awards and Fund Distribution Committee.

It would be fair to say that Sandra and her family are very "action-oriented" – they participate in numerous outdoor activities (downhill skiing, cycling, running, fishing to name a few), and all three of them enjoy the thrill of driving fast! Sandra's first introduction to car racing was as an Ice Racer – she raced a car on frozen lakes! Ice Racing is not about driving in a circle, the race courses are specifically designed to challenge driver skills by including many different types of left and right hand turns that can be described as "sacrificial lefts, double apex, big sweeper, declining radius" to name a few. Sandra received the Rookie of the Year award for her first year of Ice Racing.

She also had the opportunity to race at the speedway in Malta when an Ice Racing friend offered her the opportunity to drive his car. Despite never having raced on asphalt, Sandra quickly adapted as she completed her 30-lap race, lapping every car but one on her way to Victory Lane.



Sandra with her "big catch" at her family camp on Fish Creek.



Sandra's son Ayrton at Albany-Saratoga Speedway in Malta.

Ayrton also enjoyed an opportunity to race his go kart on the asphalt at Malta. The irony is that Dave is the only one in the family that has not yet raced at Malta, despite being the one who taught Sandra and Ayrton how to race 😊

Sandra has a unique work history – she can honestly state that she conducted brain surgery approximately 50 times while at Albany Medical College. She also worked for the NYS Department of Public Service for 25 years before she retired from that endeavor and changed course to focus more time on her family and other community service activities. Some of Sandra's recent community service activities include: helping clean out the Code Blue shelter, assisting with last year's "One Fine Day" (a

benefit for Shelters of Saratoga), and various activities related to her son's high school. In addition, Sandra is thrilled to be a member of The Giving Circle Grants Committee.

Let's hope we can all keep up with Sandra!



Sandra and her husband Dave in Lake Placid.